



ACTIVITIES CALENDAR WINTER/SPRING 2012



Sponsored by Newman's Own Foundation, The Kenmerer Family Foundation, The Taylor Family Foundation, The Upjohn California Fund, The Robert N. and Florence Slinger Fund at The Community Foundation of Santa Cruz County, Special People in Need, Safeway Foundation, Allison Lee Condit Foundation, Sweet Camilia Treats, Comerica Bank, The Episcopal Church of St. John the Baptist, Temple Isaiah Seventh Grade Fund, & Children's Miracle Network

JANUARY

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10 Art Class- adults	11 Art Class- kids	12	13	14
15	16	17 Art Class adults	18 Art Class kids	19	20 Garden	21 Año Nuevo
22	23 Garden	24 Art Class- adults	25 Yogurt Sketch Circle	26 Movie Night	27 Garden	28
29 Año Nuevo	30 Garden	31				

FEBRUARY

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2 Bowling	3 Garden	4
5 Año Nuevo	6 Garden	7 Art Class- adults	8 Art Class- kids	9 Bingo Night	10 Garden & Valentine's Dance	11 Bocce Ball
12	13 Garden	14 Art Class- adults	15 Art Class- kids	16 Movie Night	17 Garden	18 Año Nuevo
19	20 Garden	21 Art Class- adults	22 Art Class- kids	23 Petroglyph	24 Garden	25
26 Año Nuevo	27 Garden	28 Art Class- adults	29 Yogurt Sketch Circle			

MARCH

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 Bingo Night	2 Garden	3 Monterey Bay Aquarium
4	5 Garden	6 Art Class- adults	7 Art Class- kids	8	9 Garden	10 Bocce Ball
11 Sailing	12 Garden	13 Art Class- adults	14 Art Class- kids	15	16 Rock Climbing & Garden	17
18 IMAX & Tech Museum	19 Garden	20 Art Class- adults	21 Art Class- kids	22 Movie Night	23 Garden	24
25 Sailing	26 Garden	27 Art Class- adults	28 Yogurt Sketch Circle	29 Bowling	30 Garden	31

APRIL

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 Garden	3	4	5 Karacke Night	6 Garden	7
8 Sailing	9 Garden	10 Art Class- adults	11 Art Class- kids	12 Bowling	13 Garden	14 Bocce Ball
15 Game Day	16 Garden	17 Art Class- adults	18 Art Class- kids	19 SCMB Fundraiser	20 Garden	21
22 Sailing	23 Garden	24 Art Class- adults	25 Yogurt Sketch Circle	26	27 Garden	28 Day in the Sky
29	30					



ADVENTURE NEWS!

Shared Adventures
Winter/Spring 2012

LETTER FROM THE PRESIDENT

Hi Shared Adventures' friends!

Happy New Year! I hope everyone made the best of the holidays and brought in the new year in with a bang! Here at Shared Adventures we have been wrapping up 2011 and we are pleased that it has been another incredible year. Shared Adventures continues to enjoy steady growth and expansion into new areas while staying committed to our mission and participant base. In 2011, Shared Adventures offered 56 activities, 57 art classes, and 66 garden sessions to over 3,700 individuals with special needs. Thanks for being part of our amazing organization!

Like every year, there will be some new and exciting adventures in 2012. We have added Bocce Ball, a fundraiser at the Santa Cruz Mountain Brewery, information about Soccer Stars of Santa Cruz County, and information about a new sailing program. And of course we are still offering the tried and proven popular events, such as trips to Año Nuevo to see the Elephant Seals, an outing at Petroglyph's to paint ceramic pieces, Indoor Rock Climbing, and more! If you want more information, please email or call for details.

Last fall, Shared Adventures added a 2nd session to the Young Artists Studio. Artists now meet every Tuesday afternoon at Hope Services in downtown Santa Cruz. While any age is welcome, we have focused this class for adults. We are looking for artist guest speakers to come to either Young Artist Studio class. If you or someone you know is interested please have them contact Shared Adventures. Additionally, Our Shared Garden is working towards it's 3rd year of programming. Garden sessions are a great opportunity to learn gardening techniques, meet some new friends, and get outside to enjoy the fresh air. Stop by Mondays or Fridays to check out what's growing at the garden.

Take a look at this season's calendar and join us at an upcoming adventure!

Take care,

Foster Andersen
Founder/President

Winter/Spring

2012

SAVE THE DATES

- Año Nuevo
January 21st & 29th
February 5th, 18th, & 26th
- Valentine's Day Dance Party
February 10th
- Bocce Ball
February 11th, March 10th, April 14th
- Monterey Bay Aquarium
March 3rd
- Santa Cruz Mountain Brewery Fundraiser
April 19th



NEW ADVENTURES!



BOCCE BALL AT BOCCI'S CELLAR

140 Encinal St.

Santa Cruz

11:00 – 1:00

FREE!!



Bocci's Cellar will host Shared Adventures the 2nd Saturday of each month for an early afternoon of Bocce games. This exciting activity, resembling lawn bowling, can be a great way to meet new friends and try out a competitive sport. Whether you are new to the game or come with a plethora of experience you are welcome to join!



SOCCER STARS OF SANTA CRUZ COUNTY

Depot Park

Santa Cruz

March – April

(Exact Dates TBD)



1st Game Free, \$75 for the season
(scholarships available)

Soccer Stars of Santa Cruz County is a league for people ages 4 and up with any special need. Pair up with a local soccer buddy and train one on one! Soccer Stars is a part of the Santa Cruz County Youth Soccer League.

Visit their website for more information:
<http://www.sccysl.org/stars.html>

Shared Adventures Fundraiser April 19th

**Santa Cruz
Mountain
Brewery**

402 Ingalls St.
Santa Cruz
12:00 – 10:00pm



On Thursday, April 19th, Shared Adventures is having a fundraiser at the Santa Cruz Mountain Brewery! From 12:00 noon to 10:00pm Santa Cruz Mountain Brewery will donate one dollar for every pint of beer purchased that day. All beers are organic microbrews. Spread the word, no coupon needed, just grab a pint or two!



We are now offering coffee mugs featuring the Shared Adventures logo! The mugs are cobalt blue and the logo is prominently displayed on the front in white. A large, comfortable handle makes the 14 ounce mug easy to use. Don't miss out, get one while they're still available!



Only \$10!

**Shared
Adventures
Coffee Mugs!**

Order online at www.sharedadventures.org or by sending in the form below with cash or check. Mugs are shipped via priority mail, you should receive your package within 3 days of shipment. Cost is \$10/mug, and \$5/mug for shipping.

Shared Adventures Mug Order Form

First Name:

Number of Mugs (\$10/mug):

Last Name:

Cash or Check?:

Address:

Shipping Cost (\$5/mug):

City/State/Zip:

Total Cost:



Would you (or a friend) like to be added or removed from our mailing list? Just contact our office.

Nonprofit Org.
US Postage PAID
MaverickMailing.com

Shared Adventures
90 Grandview St. B101
Santa Cruz, CA 95060
831-459-7210

WWW.SHAREDADVENTURES.ORG



Founded on the belief that recreation, fun, challenge and access to the outdoors are an essential part of a healthy and fulfilling life, Shared Adventures is a non-profit organization dedicated to improving the quality of life of people living with disabilities.

BEACH CHAIR For Rent

\$25/ DAY OR \$150/ WEEK

- All-terrain, rugged tires
- Disassembles easily without tools to fit into a car trunk
- Weight capacity exceeds 325 pounds
- Entire chair weighs only 37 pounds!

www.sharedadventures.org/beachchair.htm



Adaptive Yoga at the Pacific Cultural Center

Yoga for MS (6 week series)

Fridays 11:00 - 12:30

Please contact Shakti to register:
510-847-4996; shakti@baymoon.com;
shaktibell.com

\$54 for series or \$12 drop-in

Adaptive Yoga (ongoing class)

Sundays 1:30 - 3:30

(restorative practice, transfer to
massage table or floor, wheelchair accessible)

Tuesdays 12:00

(back care basics, mobility required,
not wheelchair accessible)

Please contact Annica to register: 831-423-9642

Sliding Scale

(discounts for 5 or 10 class ticket books)

Pacific Cultural Center

1307 Seabright Avenue

SHARED ADVENTURES WINTER/SPRING 2012 PROGRAM

BINGO NIGHTS

THURSDAYS, FEB. 9, MAR. 1

Location: Hope Services (220 Lincoln St., Santa Cruz)

Time: 5:00 – 7:00

Cost: \$5 (includes pizza and drinks)



There will be two bingo nights this season. Come out to play bingo with us and win prizes! There will be pizza and drinks with this activity. Come have dinner and win some prizes!

ELEPHANT SEAL EXCURSION AT AÑO NUEVO STATE PARK

JAN. 21, JAN. 29, FEB. 5, FEB. 18, FEB. 26

Location: Año Nuevo State Park

(approx. 25 minutes north of Santa Cruz on Hwy 1)

Cost: \$10/person (plus a parking fee of \$10/vehicle)

Time: 12:30-3:00



Año Nuevo State Reserve is the site of the largest mainland breeding colony in the world for the northern elephant seal. Elephant seals, sea lions, and other marine mammals come ashore to rest, mate, and give birth in the sand dunes and on the beaches. It is a unique and unforgettable natural spectacle that hundreds of thousands of people come to witness each year. Join us for a fully-accessible stroll led by informative park docents. Afterwards, you can check out the Visitor Center which features natural history exhibits. Rain or shine—the seals love the rain and are more active in it, so bring a poncho and brave the weather for this amazing opportunity!

MOVIE NIGHTS

THURSDAYS, JAN. 26, FEB 16, MARCH 22

Location: Hope Services (8056 Valencia St., Aptos)

Time: 7:00-9:00 Cost: FREE!



Once a month starting January 26th we will have a movie night!. Why pay for the theatre? Munch on some popcorn and watch free movies with Shared Adventures!

BOWLING BY THE BOARDWALK

THURSDAYS, FEB. 2, MARCH 29, APRIL 12

Location: Boardwalk Bowl (115 Cliff St., Santa Cruz)

Time: 3:00-5:00

Cost: \$6/game (includes shoe rental)



What better way to spend an autumn afternoon? Come out and join us for a fun filled early evening at the lanes! Adaptive equipment available for all abilities.

KARAOKE NIGHT

APRIL 5

Location: Hope Services (8056 Valencia St., Aptos)

Time: 7:00-9:00 Cost: FREE!



We will have two karaoke nights this fall! Enjoy your favorite tunes and sing the night away with us at our karaoke nights! Fun for everyone, bring your friends. Snacks will be provided.

VALENTINE'S DAY DANCE PARTY

FRIDAY, FEB. 10

Location: Harvey West Clubhouse (275 Harvey West Blvd., Santa Cruz)

Time: 6:30-8:30 Cost: \$10 (companions free)

Join us for an evening of fun and entertainment. Chat with old friends and meet some new ones! Live rock and blues music will get you moving! Maybe Cupid will even show up to get you with his arrow. Snacks will be served.



BOCCE BALL AT BOCCI'S CELLAR

SATURDAYS (FEB. 11, MARCH 10, & APRIL 14)

Location: Bocci's Cellar (140 Encinal St. Santa Cruz)

Time: 11:00 – 1:00

Cost: FREE!

Bocci's Cellar will host Shared Adventures the 2nd Saturday of each month for an early afternoon of Bocce games. This exciting activity, resembling lawn bowling, can be a great way to meet new friends and try out a competitive sport. Whether you are new to the game or come with a plethora of experience you are welcome to join!



CERAMIC PAINTING AT PETROGLYPH

THURSDAY, FEB. 23

Location: Petroglyph Ceramic Lounge (125 Walnut Ave.)

Time: 5:00-7:00

Cost: \$12 (and up, depending on art piece)



Meet new friends in a fun atmosphere while expressing your individual creativity. Choose from a variety of ceramic pieces including plates, bowls, and statuettes, and paint your vision on a self created souvenir. Petroglyph will provide supplies and support, glazing by their trained staff, and kiln firing.

MONTEREY BAY AQUARIUM & DINNER AT ARCHIE'S DINER

SATURDAY, MARCH 3

Location: 886 Cannery Row, Monterey

Time: 1:00-5:00

Cost: \$18 for the Aquarium (includes one companion)
plus dinner (avg. meal \$5-10)



Join us for a day at one of the largest and most respected aquariums in the world! The Aquarium holds 35,000 plants and animals representing 550 species. We will see the biggest permanent collection of jellyfish in the U.S., look through the world's largest window to get a diver's eye view of a kelp forest and its inhabitants, and walk through a tunnel where we can let a wave crash over us without getting wet! After our adventure, there will be the option to walk one block to a 40's-style family diner to have dinner together.

INDOOR ROCK CLIMBING

FRIDAY, MARCH 16

Location: Pacific Edge Climbing Gym
(104 Bronson St., Santa Cruz)

Time: 7:00-9:00

Cost: \$10



Try out the fun and challenging sport of rock climbing in a supportive environment with experienced belayers to guide you. We will have our own room at Pacific Edge, one of the Central Coast's most renowned climbing gyms. Prepare to reach new heights and have a great time!

SAILING TOWARDS THE PARALYMPICS

MARCH 11 & 25, APRIL 8 & 22

Location: Santa Cruz Harbor

Time: 1:00-3:00

Cost: \$40 for 2 lessons



In this course you will be introduced to small boat sailing by learning those mysterious nautical terms, the "Rules of the Road", how to rig your boat and take it sailing and much, much more! DEMONSTRATION AND INFORMATIONAL meeting: March 11 at 1:00 PM *Space is limited so reserve your spot early!*

SOCCER STARS OF SANTA CRUZ COUNTY

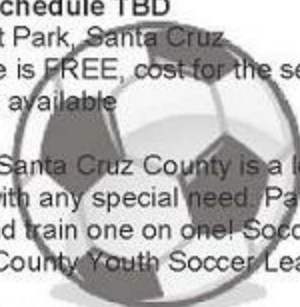
APRIL – MAY Schedule TBD

Location: Depot Park, Santa Cruz

Cost: First game is FREE, cost for the season is \$75, and scholarships are available

Soccer Stars of Santa Cruz County is a league for people ages 4 and up with any special need. Pair up with a local soccer buddy and train one on one! Soccer Stars is a part of the Santa Cruz County Youth Soccer League.

Visit their website for more information:
<http://www.sccysl.org/stars.html>



IMAX MOVIE AT THE TECH MUSEUM

SUNDAY, MARCH 18

Location: Tech Museum of Innovation (201 S. Market Street, San Jose)

Time: 2:00-6:00

Cost: \$5-\$12/person (*pricing is dependant on age and what type of access you would like to the museum*)



IMAX

Home to one of the only IMAX Dome Theaters in Northern California, the theater at The Tech is the ultimate movie experience with crystal clear images up to eight stories high! The show will last approx. 45 min, after which we can explore the interactive Tech Museum. With over 240 unique hands-on experiences, there's sure to be something for all ages and interests!

GAME DAY AT THE BOARDWALK

SUNDAY, APRIL 15

Location: Neptune's Kingdom & Arcade, Santa Cruz Boardwalk

Time: 1:00-3:00pm

Cost: \$5/participant (includes tokens for games)



With more than 300 of the most popular video and pinball games, laser tag, billiards, ping pong, and special attractions just steps from the beach and Boardwalk rides, this is a bonanza of fun for all ages! A variety of activities are available, from the latest in high-tech adventures and interactive games, to air hockey, an ice cream stand, and a two-story miniature golf course. You can also win tickets from games such as Skee Ball and trade them in for prizes!

CHECK OUT OUR ONLINE PHOTO GALLERY

& FIND US ON FACEBOOK

<http://picasaweb.google.com/sharedadventuressc>

<http://www.facebook.com/pages/Shared-Adventures/62764318639>

8TH ANNUAL DAY IN THE SKY

SATURDAY, APRIL 28

Location: Watsonville Airport
(100 Aviation Way, Watsonville)

Time: 9:00-4:00



At this year's Day in the Sky, Shared Adventures will host one of the largest Accessibilities Expos on the Central Coast! The Expo will include: BBQ lunch, live music, 100+ informational booths and exhibits from local and national organizations, a bounce house, petting zoo, and much more. There will also be a static display of planes for people to tour with pilots offering on-the-ground basic aviation training. Mark your calendar now for one of our most exciting events of the year! For more event info, check dayinthesky.org after March 28 or contact us to join our email list.

THANK YOU THURSDAY FUNDRAISER AT SANTA CRUZ MOUNTAIN BREWERY

THURSDAY, APRIL 19

Location: 402 Ingalls St., Santa Cruz

Time: 12:00 – 10:00



Shared Adventures will be featured in the Santa Cruz Mountain Brewery (SCMB) Thank You Thursday program on April 19th! SCMB will donate one dollar for every pint of beer purchased throughout the day. Beers featured are all handcrafted, microbrewed organic ales, and business hours are Noon to 10pm. Please spread the word, grab a pint, and support Shared Adventures!



ONGOING ACTIVITIES

ART CLASSES

Classes for adults: **TUESDAYS**
Classes for kids: **WEDNESDAYS**
Beginning **JAN. 10**

Location: Adults- Hope Services (220 Lincoln St., Santa Cruz)
Kids- Branciforte Small Schools (840 N. Branciforte Ave. Room B40, Santa Cruz)
Time: 3:30-5:30
Cost: FREE!

Art Classes are for people with and without special needs. Students work with many creative mediums including printmaking, painting, ceramics, and photography. They also benefit from the expertise of guest artists, learn about master artists, take field trips to view local art, and participate in art shows. New students are always welcome!

FROZEN YOGURT SKETCHING CIRCLE

LAST WEDNESDAY EACH MONTH (JAN. 25, FEB. 29, MARCH 28, APRIL 25)

Location: Top A Lot Yogurt (738 Water St, Santa Cruz)
Time: 4:00-5:00
Cost: FREE! (bring \$ for yogurt)

Try your hand at sketching while chatting with new friends and enjoying a sweet treat. We will have teachers to offer you tips and instruction. Great for all ages!



OUR SHARED GARDEN

MONDAYS & FRIDAYS Starting January 20 (Depending on weather) No Class on Holidays
Location: Trescony Park Community Garden (Trescony St., Santa Cruz)
Time: Mondays & Fridays: 12:30- 2:30
Cost: FREE!

Everyone is welcome to join whether you are new to gardening or come with a plethora of experience. We have 7 raised garden beds (200+ sq ft) at the Trescony Park Community Gardens! We'll spend afternoons in the fresh air sowing seeds, watering, weeding, pruning, harvesting and enjoying. Rainy day activities will include nature crafts and potting plants. Come watch the greenery grow and reap the harvest through the year! This ongoing project is for all ages to enjoy.

We have a new Garden Program Manager, Kate Purcell! Kate comes with an abundance of gardening and teaching experience, managing one school garden life lab in Los Gatos, one in Watsonville, as well as running her own garden business, Kate's Kitchen Gardens.



PRE-REGISTRATION IS REQUIRED!

PAYMENT POLICY

Advance registration and payment is required. Your spot will not be confirmed until we receive payment. Please make checks payable to Shared Adventures. We do not accept credit cards.

SCHOLARSHIPS

A limited number of scholarships are available. Please contact our office to inquire about application information.

CONTACT Us

Hours: Tues, Thurs, & Fri
11:00am - 5:30pm
Phone: (831) 459-7210
staff@sharedadventures.org
www.SharedAdventures.org

CANCELING

We require 48 hours notice for cancellations. Less than 48 hrs notice will result in no refund.

TRANSPORTATION

We do not provide transportation. If you need help with transportation, you can call **Lifeline** at (831) 688-9663 or **ParaCruz** at (831) 425-4664 which you may be eligible to use at no cost. Carpools can sometimes be arranged.

ALL ACTIVITIES ARE FULLY ACCESSIBLE

Call to discuss any special needs.