



## SHARED ADVENTURES Activities Calendar WINTER-SPRING 2010

*Sponsored by Newman's Own Foundation, NVIDIA, Special People In Need, The Taylor Family Foundation, The Upjohn California Fund, The Eckhardt Chandler Fund at the CFSCC, and Children's Miracle Network*

Read on for list of activities. Please read our policies first:

**ALL ACTIVITIES ARE FULLY ACCESSIBLE.** Call to discuss any special needs.

### PAYMENT & CANCELLATION POLICIES:

Advance payment is required. Your spot will not be confirmed until we receive payment. We require 48 hours notice for cancellations. Less than 48 hours notice will result in no refund. A limited number of scholarships are available. Inquire for application info.

### PRE-REGISTRATION IS REQUIRED!

For registration, scholarship or additional information, call our office at (831) 459-7210. Office hours are Tues., Thurs., & Fri. 11:00-5:30pm. If you need help with transportation, you can call Lifeline at (831) 688-9663 or ParaCruz which you may be eligible to use at no cost, (831) 425-4664. Carpools can also sometimes be arranged.



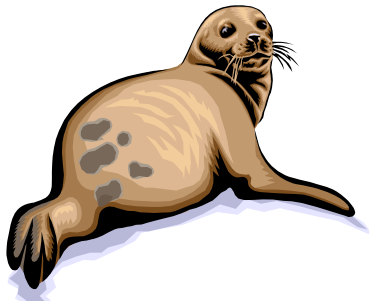
### **CROSS-COUNTRY SKIING IN BEAR VALLEY FRI EVENING MARCH 26<sup>th</sup> – SUN MARCH 28<sup>th</sup>**

**Location:** Bear Valley Cross Country Ski Resort  
in Bear Valley, California

**Cost:** \$125/person (includes 2 nights lodging, 6 meals, all equipment (adaptive equipment such as sleds, sit skis, and walker skis), trail passes, instruction and assistance from trained guides)

Our winter wonderland awaits in Bear Valley! The trip will include cross-country skiing with adaptive equipment, a basic ski lesson from trained guides and volunteers, sledding & playing in the snow meadows, exploring the giant sequoia forests, natural history talks,

indoor & outdoor games, laughter, & fun in a supportive group environment! Lodging is a modern cabin near Arnold, California (~3 hours from Bay Area) and our activities will take us to Bear Valley Cross Country Ski Resort and Big Trees State Park, a giant sequoia forest. Companions and family members welcome to accompany participants and be completely included in the fun! You must provide your own transportation to the cabin in Arnold. Space is very limited so call early to reserve a spot.



## **ELEPHANT SEAL EXCURSIONS AT AÑO NUEVO STATE PARK SATURDAYS & SUNDAYS, JAN. 16, JAN. 24, FEB. 6, FEB. 21**

**Location:** Año Nuevo State Park (approx. 25 minutes north of Santa Cruz on Hwy 1, meet at visitor center parking lot)

(Click [here](#) for map & directions)

**Time:** 12:30-3:00pm

**Cost:** \$7 per person (plus a parking fee of \$10/vehicle)

Año Nuevo State Reserve is the site of the largest mainland breeding colony in the world for the northern elephant seal. Elephant seals, sea lions, and other marine mammals come ashore to rest, mate, and give birth in the sand dunes and on the beaches. It is a unique and unforgettable natural spectacle that hundreds of thousands of people come to witness each year. Join us for a fully-accessible stroll led by informative park docents. Afterwards, you can check out the Visitor Center which features natural history exhibits. Rain or shine—the seals love the rain and are more active in it, so bring a poncho and brave the weather for this amazing opportunity! ***This popular activity fills up very quickly. Call early to reserve your spot!***



## **CERAMIC PAINTING AT PETROGLYPH THURSDAY, JAN. 28<sup>th</sup>**

**Location:** Petroglyph Ceramic Lounge  
(125 Walnut Ave., near Pacific, S.C.)

(Click [here](#) for map & directions)

**Time:** 5:00-7:00pm

**Cost:** \$12 (and up, depending on art piece chosen)

Meet new friends in a fun atmosphere while expressing your individual creativity. Choose from a variety of ceramic pieces including plates, bowls, and statuettes, and paint your vision on a self created souvenir. Petroglyph will provide supplies and support, glazing by their trained staff, and kiln firing.



## **BOWLING BY THE BOARDWALK TUESDAYS, FEB. 9<sup>th</sup>, MAR. 9<sup>th</sup>, APR. 6<sup>th</sup>**

**Location:** Santa Cruz Boardwalk Bowl  
(115 Cliff St, SC)

(Click [here](#) for map & directions)

**Time:** 4:00-6:00pm

**Cost:** \$7/game (includes shoe rental)

What better way to spend a wintery afternoon? Come out of the cold, and join us for a fun filled early evening at the lanes! The bowling alley has recently purchased new ramps and adaptive equipment to make this sport even more easy, fun, and rewarding for people of all abilities. Share some laughs and make new friends while practicing your technique at a great spot near the ocean. Great for all ages.



## **VALENTINE'S DAY DANCE PARTY FRIDAY, FEB. 12<sup>th</sup>**

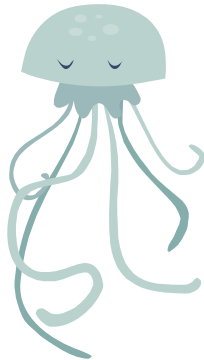
**Location:** Harvey West Clubhouse  
(275 Harvey West Blvd, SC)

(Click [here](#) for map & directions)

**Time:** 6:30-8:30pm

**Cost:** \$5 (companions free)

Join us for an evening of fun and entertainment. Chat with old friends and meet some new ones! Live rock and blues music will get you moving! Maybe Cupid will even show up to get you with his arrow. Snacks will be served.



## **MONTEREY BAY AQUARIUM & DINNER AT CANNERY ROW (Followed by dinner at Archie's Diner) SATURDAY, FEBRUARY 27<sup>th</sup>**

**Location:** 886 Cannery Row, Monterey  
(Click [here](#) for map & directions)

**Time:** 1:00-5:00pm

**Cost:** \$16 (includes one companion) plus dinner (avg. meal \$5-10)

Join us for a day at one of the largest and most respected aquariums in the world! The Aquarium holds 35,000 plants and animals representing 550 species. We will see the biggest permanent collection of jellyfish in the U.S., look through the world's largest window to get a diver's eye view of a kelp forest and its inhabitants, and walk through a tunnel where we can let a wave crash over us without getting wet! We will also visit penguins, otters, sharks, manta rays, and fish, and have the chance to touch sea stars and stingrays in tanks. After our adventure, there will be the option to walk one block to a 40's-style family diner to have dinner together.



## INDOOR ROCK CLIMBING FRIDAY, MAR. 5<sup>th</sup>

**Location:** Pacific Edge Climbing Gym  
(104 Bronson St, SC)

(Click [here](#) for map & directions)

**Time:** 7:00-9:00pm

**Cost:** \$10

Try out the fun and challenging sport of rock climbing in a supportive environment, in one of the Central Coast's most renowned climbing gyms, with experienced belayers to guide you! We will have our own private room with 1,500 square feet of climbing terrain.



## 6<sup>TH</sup> ANNUAL DAY IN THE SKY SATURDAY, APRIL 17<sup>th</sup>

**Location:** Watsonville Airport  
(100 Aviation Way, Wats.)

(Click [here](#) for map & directions)

**Time:** 9:00am-4:00pm

**Cost:** Free!

Mark your calendar now for one of our most exciting events of the year! Disabled and terminally ill children (ages 8-17) will receive plane rides over the spectacular coastline, while a simultaneous large festival and accessible activities expo entertains everyone on the ground. To register to participate or volunteer, check [dayinthesky.org](http://dayinthesky.org) after March 15 or contact us to join our email list to be notified when registration opens. Space for participants is limited and local kids (Central Coast) will be given priority.



## GAME DAY AT THE BOARDWALK SATURDAY, MARCH 20<sup>th</sup>

**Location:** Neptune's Kingdom & Arcade, Santa Cruz Boardwalk

(Click [here](#) for map & directions)

**Time:** 1:00-3:00pm

**Cost:** \$5 (includes tokens for games)

With more than 300 of the most popular video and pinball games, laser tag, billiards, ping pong, and special attractions just steps from the beach and Boardwalk rides, this is a bonanza of fun for all ages! A variety of activities are available, from the latest in high-tech adventures and interactive games, to air hockey, the Gold Rush Shooting Gallery, an ice cream stand, and a pirate-themed two-story miniature golf course. You can also win tickets from games such as Skee Ball and trade them in for prizes.



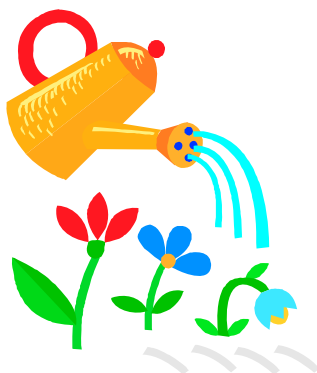
**YOUNG ARTISTS STUDIO**  
**WINTER SESSION BEGINS JAN. 12<sup>th</sup> & 13<sup>th</sup>**  
**ONGOING ALL SCHOOL YEAR, EVERY**  
**TUES & WED**

**Location:** Branciforte Small Schools, S.C.

**Time:** 3:30-5:30pm

**Cost:** FREE!

Young Artists' Studio is an inclusive after-school art program for young people with and without special needs, ages 12-18. Students work with many creative mediums including printmaking, painting, ceramics, and photography. They also benefit from the expertise of guest artists, learn about master artists, take field trips to view local art, and participate in art shows. New students always welcome.



**OUR SHARED GARDEN**  
**BEGINS JAN. 11<sup>th</sup> and continues through**  
**the summer!**

**ONGOING EVERY MONDAY**

*(Depending on weather)*

**Location:** Trescony Park Community Garden  
(Trescony St., S.C.)

*(Click [here](#) for map & directions)*

**Time:** 12:30-2:30pm

**Cost:** FREE!

Shared Adventures' garden has moved and is expanding! Everyone is welcome to join whether you are new to gardening or come with a plethora of experience. We now have 7 raised garden beds (200+ sq ft) at the Trescony Park Community Gardens! We'll spend afternoons in the fresh air sowing seeds, watering, weeding, pruning, harvesting and enjoying. Come watch the greenery grow and reap the harvest through the year! This ongoing project is for all ages to enjoy.

Our Lead Gardener, Allison O'Sullivan, will be there to teach and demonstrate different gardening techniques. Allison has over 10 years of experience with organic farms, and has studied agriculture throughout California and as far away as Ghana, West Africa. Allison is certified in Permaculture Design from the Permaculture Institute and has been teaching outdoor education for 7 years.

Wear comfortable clothes you won't mind getting dirty, and make sure to bring a sun hat.



## **FROZEN YOGURT SKETCHING CIRCLE**

**LAST TUESDAY OF EACH MONTH (JAN.  
26<sup>th</sup>, FEB. 23<sup>rd</sup>, MAR. 30<sup>th</sup>, APRIL 27<sup>th</sup>)**

**Location:** Top A Lot Yogurt (738 Water St, S.C.)  
(Click [here](#) for map & directions)

**Time:** 4:00-5:00pm

**Cost:** FREE (optional—bring \$ for yogurt)

Try your hand at sketching while chatting with new friends and enjoying a sweet treat. We will have teachers to offer you tips and instruction. Great for all ages!

**PRE-REGISTRATION IS REQUIRED!**

831-459-7210

<http://www.sharedadventures.org>

<http://www.scaccessguide.com>